

DURHAM REGION COMMUNITY FOOD ADVISORS



...Share Their Love of Food!

Learn about safe and healthy food choices

SLOW COOKING RECIPES

Use slow cooker & enjoy
Healthy & Affordable Meals

Date: Thursdays—October 20 & November 17

Time: 10:30 — 2 pm

Place: Adventist Community Service Centre
1170 King St East, Oshawa

